

# Virtual Toolkit Resources for Patients

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## [Virtual Care - RAPID ACCESS CLINIC LOW BACK PAIN](#)

[www.lowbackrac.ca](http://www.lowbackrac.ca)

The RAC-LBP model is committed to providing high quality integrated care. We now offer the option to connect virtually or a low back assessment from the privacy and comfort of your home.

Click on the video below to prepare for your Virtual Assessment.

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**Position yourself so that the clinician  
can see your entire body**

