

Survey
The Prevalence and Impact of Spine Pain in Ontario Long Term Care Seniors
Primary Investigator: Peter Tsisis, MBA, PhD (Associate Professor, York University)
Co-Investigator / PhD Candidate: Connie D'Astolfo, DC, PhD (c)

SECTION 1

Socio-demographic Questions

1. What is your gender?

Female Male

2. What is your age?

18-24

25-34

35-44

45-54

55-64

65+

3. What is your ethnicity (Check all that apply):

Aboriginal

Asian

Black or African Canadian

Caucasian

Latino

Other

4. What is your educational background? (highest achieved)

Certificate

Degree

Diploma

Trade

5. What is your present employment status?

Full-Time

Casual

Part-Time

Temporary

6. How many years have you been practicing your profession?

7. How many years have you been working in the long-term care setting?

SECTION 2

Job Related Questions

1. What is your current position with the LTC home?

- | | | |
|------------------------|----------------------|----------------------------|
| Administrator | Director of Care | Nurse Manager |
| Other Manager | Recreational Staff | RN Staff Nurse |
| RPN Staff Nurse | PSW/ Health Care Aid | Physiotherapist |
| Occupational Therapist | Registered Dietitian | Social Worker / Counsellor |
| Rehabilitation Staff | | |
| Other | | |

2. What is your specific role in the management of back pain in your LTC home?

3. Have you taken any courses or info sessions specifically on back pain?

Yes No

If yes, please specify

4. Administrative Support

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
The home establishes mechanisms to understand and measure resident needs and expectations with regards to back pain.					
The LTC home sets up systems to rapidly respond to back pain management needs of the resident.					
Adequate outcome measures are used and residents are assessed appropriately for back pain management.					
MDS-RAI adequately captures outcomes for back pain management.					

5. People Make Quality

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Staff at all levels is equipped with specialist knowledge and expertise to successfully perform their jobs in dealing with back pain.					
The right clinical professionals are in place to properly assess and manage back pain.					
Quality related training is given to administrators, managers and staff in dealing with back pain.					
Quality related training is given to all staff members with regards to back pain management.					
People and teams that make significant contributions to quality improvement in back pain management are effectively rewarded.					
Staff collaborates to manage back pain with other health care professionals or team members.					

6. Patient focus

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Residents and their families are given understandable follow-up instructions on management /self-management of back pain.					
The organization supports the resident's right to an appropriate assessment and management of back pain.					
Residents and families receive adequate information about back pain management.					

Please answer the following questions to best of your knowledge and in accordance to your position within the LTC home.

7. In the last month, approximately how many residents have reported pain to you?

8. In the last month, how many residents have you assessed with a back pain condition?

9. In the last month, how many residents did you provide a PRN pain medication or have asked a member of the nursing staff to provide a resident with a PRN medication due to back pain?

10. How many residents on your unit have regularly scheduled orders for pain medication as a result of back pain?

11. How many residents on your unit have regularly scheduled physiotherapy or rehabilitation as a result of back pain?

12. What outcome measures do you use to assess a resident with a back pain condition? (You can pick one or more outcomes, if none, choose none)

Visual Analogue Scale: Numbers

Faces Visual Analogue Scale

The Roland-Morris Questionnaire (RMQ)

The Quebec Back Pain Disability Scale

The Patient-Specific Functional Scale

The Oswestry Disability Index

None (no outcome measures used)

Other

13. Is recognizing back pain in residents with dementia, or that are non-verbal, different than residents that are able to verbalize their pain?

Yes No

If yes, how?

14. If you suspect a resident with dementia or is non-verbal is in pain, what works best for you to validate your suspicions?

15. Is assessing a resident with back pain different than assessing a resident with any other pain condition?

Yes No

If yes, how?

Emergency Department (ED)/Hospital Transfer questions: (answer these questions according to the best of your knowledge)

16. Estimate how many residents were transferred to the ED/hospital in the last quarter?

17. Estimate how many residents were transferred to the ED/hospital as a result of falls in the last quarter?

18. Estimate how many residents were transferred to the ED/hospital as a result of pain in the last quarter?

19. Estimate how many residents were transferred to the ED/hospital as a result of back pain in the last quarter?

Workload

20. Do you think back pain residents contribute to nursing staff workload?

Yes No

If yes, how?

21. Do you think back pain residents contribute to nursing staff work related injuries?

Yes No

If yes, how?

Epidemiology of Back Pain (answer these questions according to the best of your knowledge)

22. Rate the percentage of residents with back pain that fit the natural course patterns below.

(Total should equal 100%)

- a) Short lasting disease with spontaneous recovery
- b) Recurring or persisting condition with a fluctuating course overtime
- c) Constant pain
- d) Continual pain for at least 6 months

23. Rate the percentage of residents with back pain that fit the severity of pain patterns below.

(Total should equal 100%)

- a) Mild Pain
- b) Moderate Pain
- c) Severe Pain

24. Rate the percentage of residents with back pain who also exhibit the following.

(Total should equal 100%)

- a) Diminished Social Functioning
- b) Diminished ADLs and Function
- c) Depression or Anxiety
- d) Behavioural Issues

Thank you for taking the time to complete our survey.

Please submit the completed survey to the home administrator or send electronically to:

Dr. Connie D'Astolfo, DC, PhD (c)

E-mail: info@spinegroup.ca | Tel: 905-850-7746